

Wales Council of the Blind

Perspectif

Information Portal:

**Signposting you to services and
resources**

1 - Third Sector Service Providers

This booklet is a list of Third Sector providers of services. Future booklets shall include all sectors and will be accessible on Perspectif as an online database. This database will be the better way to access the information but this print version is

Services are given in a separate booklet with the Service Provider given in brackets alongside the name.

The two booklets should be used together.

AbilityNet

AbilityNet exists to change lives of disabled people, to help them achieve everything they can at work, at home or in education. We have a number of high quality specialist services for businesses and others who can pay for our expertise. We also provide a range of free services for people who cannot afford to pay.

<http://www.abilitynet.org.uk/>

0800 269 545

enquiries@abilitynet.org.uk

Action for Blind People

AFBP is a national charity with local reach, providing practical help and support to blind and partially sighted people of all ages. it is a part of RNIB.

<http://www.actionforblindpeople.org.uk/>

0303 123 9999

via website

Albinism Fellowship

The Fellowship is a positive and sociable volunteer-run organisation that aims to provide information, advice and support for people with albinism and their families. They also provide information about the condition to professionals working with people with albinism, and other appropriate interested parties.

<http://albinism.org.uk/>

01282 771900

via website

Alstrom Syndrome UK

Alström Syndrome UK provides support for those affected by Alström

Syndrome, their carers and professionals working with them.

<http://www.alstrom.org.uk/>

via website

Aniridia Network UK

A support group and charity for people with aniridia and their families.

<http://aniridia.org.uk/>

07792 867 949

info@aniridia.org.uk

Bag Books

Bag Books is a UK-wide charity providing tactile and multi-sensory books to people with learning disabilities. Multi-sensory books can be enjoyed without being understood. They are designed for people with Profound and Multiple Learning Disabilities (a maximum developmental age of 18 months), people with Severe Learning Disabilities (a maximum developmental age of 6 years) or people with severe Autistic Spectrum Disorders.

<http://www.bagbooks.org/index.html>

020 7627 0444

office@bagbooks.org

Behcet's Syndrome Society

The Society provides a range of information and support to people affected by Behcet's Syndrome. It also promotes and assists with research into the condition, and promotes awareness of the disease.

<http://www.behcets.org.uk>

0845 130 7329

info@behcetsdisease.org.uk

Bell Bank Club

Objective is to provide a club for people in the community who are blind or have vision impairments.

01497 820 224

Birdshot Uveitis Society (BUS)

BUS is a support group for people with the rare, hard-to treat, autoimmune, posterior uveitis called Birdshot Chorioretinopathy.

<http://birdshot.org.uk/>

info@birdshot.org.uk

Blind Children UK

The organisation provides support to children and their families as they tackle the challenges of sight loss from birth through transition to adulthood. Their services include practical and emotional support; information and advice on a range of issues including education and access technology; mobility and life skills training; access to grants for technology and equipment; recreational activities; and the production of large print books. Previously called National Blind Children's Society.

<http://www.blindchildrenuk.org/>

0800 781 1444

services@blindchildrenuk.org

Blind in Business

Blind in Business aims to help blind and partially sighted graduates to compete equally with sighted candidates for good jobs.

<http://www.blindinbusiness.co.uk/>

0207 588 1885

info@blindinbusiness.org.uk

Blind Veterans UK

UK charity supporting former service people with sight problems (Formerly St Dunstan's).

<http://www.blindveterans.co.uk>

020 7723 5021

Via website

Bookstart

Bookstart offers the gift of free books to all children at two key ages before they start school, to inspire a love of reading that will give children a flying start in life.

<http://www.bookstart.org.uk/>

Bridgevis (Bridgend & District VI society)

Bridgevis organise a wide range of activities including meals out, visits to places of interest and audio described theatre trips. There is also an audio shooting club, a gardening club and bowls. They also hold monthly coffee mornings from 10 - 12 on the first Friday of every month at Evergreen Hall, Angel Street, Bridgend.

<http://www.bridgevis.co.uk/Services.html>

01656 766240

SGTMGF@aol.com

British Blind Sport

At British Blind Sport, we help blind and partially sighted people get active and play sport. Sport and recreational activities can enhance the lives of people with visual impairments, by improving their health and increasing their social interaction. We encourage adults and children to participate in activities at all levels, from grassroots to the Paralympic Games. However, most activities are in England, and enquiries from Wales are passed on to Disability Sport Wales.

<http://www.britishblindsport.org.uk/>

01926 424247

info@britishblindsport.org.uk

British Computer Association of the Blind (BCAB)

BCAB is an organisation of blind and partially sighted computer users. Established in 1969, BCAB is a UK based charity run entirely by volunteers. We offer training, support, networking and discussion to our members, as well as to the wider community of blind and partially sighted people.

<http://www.bcab.org.uk/>

0845 643 9811

info@bcab.org.uk

British Sjogren's Syndrome Association (BSSA)

A self-help organisation with more than 1800 members, the BSSA is dedicated to providing mutual support and information to individuals affected by this disabling disease. We have regional support groups throughout the UK whose members include sufferers and supporters who work together in helping one another cope with the day-to-day challenges of this debilitating and distressing condition.

<http://www.bssa.uk.net/>

0121 478 0222

via website

British Wireless for the Blind Fund

The British Wireless for the Blind Fund provides high quality, easy to use audio equipment which has been specially designed and adapted for listeners living with sight loss. All radios are made available on Free Loan to Blind and Partially Sighted people who meet our criteria. If you don't qualify, the radios are also available to purchase through BWBF Direct.

<http://www.blind.org.uk/>

01622 754757
info@blind.org.uk

Calibre Audio Library

Calibre Audio Library is a national charity providing a subscription-free postal service of unabridged audio books for adults and children with sight problems, dyslexia or other disabilities, who cannot read print.

<http://www.calibre.org.uk/>

01296 432 339

enquiries@calibre.org.uk

Calvert Trust

The Calvert Trust exists to enable people with disabilities to benefit from outdoor activities in the countryside. It has three centres in England.

<http://www.calvert-trust.org.uk/>

Cardiff Institute for the Blind (CIB)

Charity providing services and support to vi people in Cardiff, the Vale of Glamorgan, Swansea, Neath, Port Talbot, Rhondda Cynon Taff and Merthyr. Part of RNIB.

<http://www.cardiffinstitutefortheblind.org>

028 2048 5414

postmaster@cibi.org.uk

Ceredigion Association for the Blind

Provide services for blind and partially sighted people in Ceredigion. Telephone number given is that of the Chair.

<http://www.wcb-ccd.org.uk/ceredigion/about.htm>

01970 880638 (C

andre.morgan@btinternet.com

CHARGE Family Support Group

The group's aim is to create a positive, supportive network of individuals, parents, families and professionals to share ideas, experiences, information and give vital support. The group is run by individuals with CHARGE Syndrome, parents and grandparents as well as professionals with a particular interest in the condition. We work on an entirely voluntary basis and membership is free. New members are always welcome.

<http://www.chargesyndrome.org.uk/>

020 8265 3604

info@chargesyndrome.org.uk

Charge Syndrome Foundation

The mission of the CHARGE Syndrome Foundation is to provide support to individuals with CHARGE syndrome and their families; to gather, develop, maintain and distribute information about CHARGE syndrome; and to promote awareness and research regarding its identification, cause and management.

<http://www.chargesyndrome.org/>

info@chargesyndrome.org

Childhood Eye Cancer Trust (CHECT)

Organisation which supports the families of children with Retinoblastoma (Rb), raises awareness of the condition, raises funds for research, and influences professional bodies to ensure optimum service for Rb patients

<http://www.chect.org.uk>

0207 377 5578

info@chect.org.uk

Cil de Gwynedd

The organisation aims to support and meet the needs of disabled adults in Gwynedd so that they can make independent and informed choices about their lives. It works in partnership with Gwynedd Council.

<http://www.cildegwynedd.co.uk/>

01766 514 249

admin@cildegwynedd.co.uk

Citizens Advice

The Citizens Advice service helps people resolve their legal, money and other problems by providing free, independent and confidential advice, and by influencing policy makers.

<http://www.citizensadvice.org.uk/>

08444 77 20 20

Contact a Family

Organisation which supports the families of disabled children across the UK.

<http://www.cafamily.org.uk/>

0808 808 3555

info@cafamily.org.uk

Deafblind Cymru

Charity providing services and support to deafblind people in Wales.

<http://www.deafblind.org.uk>

029 2060 1471

deafblindcymru@deafblind.org.uk

Deafblind UK

Deafblind UK is a membership organisation of, and governed by, people who are deafblind or have both a sight & hearing loss. We champion the rights and interests of all people who are deafblind or have a combined sight and hearing loss and deliver quality services to give these individuals autonomy and control over their lives. Through our work we support equality, independence and choice.

<http://deafblind.org.uk/>

01733 358 100

info@deafblind.org.uk

Dewis Centre for Independent Living

Dewis Centre for Independent Living (C.I.L.) is a voluntary organisation working in partnership with the Social Services Departments of six Local Authorities. It believes and supports disabled people's rights to develop their own independent lifestyle.

<http://www.dewiscil.org.uk/>

01443 827930

info@dewiscil.org.uk

Diabetes UK Cymru

Works to raise awareness, improve care & provide support and help to people with diabetes and their families across Wales.

http://www.diabetes.org.uk/In_Your_Area/Wales/

029 2066 8276

wales@diabetes.org.uk

Disability Rights UK

An organisation which aims to strengthen the voice of disabled people to make their rights real, as an effective national organisation led by people with a wide range of impairments or health conditions.

<http://www.disabilityrightsuk.org/>

020 7250 3222

enquiries@disabilityrightsuk.org

Disability Wales

Disability Wales is the national association of disabled people's organisations, striving to achieve the rights, equality and independence of disabled people in Wales.

<http://www.disabilitywales.org/>

029 20887325

info@disabilitywales.org

Disabled Living Foundation (DLF)

DLF is a national charity providing impartial advice, information and training on independent living since 1969.

<http://www.dlf.org.uk/>

Diverse Cymru

Diverse Cymru provide a range of services that promote equality and independent living, including direct payments, advocacy, independent living support for black and minority ethnic people affected by mental health, befriending and volunteer placements.

<http://www.diverseecymru.org.uk>

029 2036 8888

info@diverseecymru.org.uk

Dystonia Society

Providing support, advocacy and information for anyone affected by dystonia.

<http://www.dystonia.org.uk/>

020 7793 3651

via website

Family Fund

The Family Fund is the UK's largest provider of grants to low-income families raising disabled and seriously ill children and young people. We help ease the additional pressures families face. We can help with essential items such as washing machines, fridges and clothing but can also consider grants for sensory toys, computers and much needed family breaks together.

<http://www.familyfund.org.uk/>

08449 744 099

info@familyfund.org.uk

Flintshire Talking Newspaper

Produces talking newspapers for Chester and Flintshire

<http://www.chestervip.org.uk>

01244 322223

GAVO (Gwent Assoc. of Voluntary Organisations)

A Community Voluntary Organisation which is committed to strengthening the effectiveness of the Voluntary and Community Sector across Blaenau Gwent, Caerphilly, Monmouthshire and Newport.

<http://www.gavowales.org.uk/>
01633 241550
via website

Guide Dogs

UK charity providing guide dogs and other mobility support.

<http://www.guidedogs.org.uk>

0118 983 5555

guidedogs@guidedogs.org.uk

Guide Dogs Cymru

The organisation delivers a world class guide dog service and offer a range of personalised mobility options that support people of all ages across Wales.

www.guidedogs.org.uk/cymru

0845 372 7405

cymru-mt@guidedogs.org.uk

International Children's Anophthalmia and Microphthalmia Network (ICAN)

The International Children's Anophthalmia and Microphthalmia Network (ICAN) is an US-based group of families and professionals dedicated to lending support to individuals who want to learn more about microphthalmia and anophthalmia (eyes that are abnormally small, completely absent, or consist only of vestigial portions).

<http://www.anophthalmia.org/>

ican@anophthalmia.org

International Glaucoma Association

UK charity providing support and information to people with glaucoma and to professionals. Also funds research.

<http://www.glaucoma-association.com>

01233 648170

info@iga.org.uk

Jubilee Sailing Trust

Charity offering sailing holidays for disabled people.

<http://www.jst.org.uk/>

023 8044 9108

info@jst.org.uk

Laurence-Moon-Bardet-Biedl Society (LMBBS)

LMBBS is the only registered charity supporting people with Laurence-Moon-Bardet-Biedl Syndrome, their families and carers. The aims of

the Society are: to preserve and protect the health and promote the welfare of persons suffering from LMBBS, and to advance the education of the medical and educational professionals and the general public on the subject of LMBBS.

<http://www.lmbbs.org.uk>

01633 718415

chris.humphreys4@ntlworld.com

Level Playing Field

Level Playing Field, a registered charity in England and Wales, acts as a campaigning and advisory organisation to its membership across all sports. We work together with our partners to share good practice, raise awareness and promote improved access to sports stadiums for disabled fans and disabled people who aspire to be match-going fans, non-match day visitors and/or employees/volunteers at clubs/stadiums. Our wide-ranging membership includes professional clubs, equality and disability NGOs

<http://www.levelplayingfield.org.uk/>

01244 893584

info@levelplayingfield.org.uk

Lighthouse International

An American organisation (based in New York) which supports visually impaired people. Although much information is US-specific, some publications have a wider interest.

<http://www.lighthouse.org/>

Listening Books

Listening Books provides a postal and internet based audiobook service to over 27,000 members who find it difficult to read the printed word in the usual way.

<http://www.listening-books.org.uk/>

020 7407 9417

info@listening-books.org.uk

Llanelli Blind Society

Our aim across the whole of the County of Carmarthenshire is to provide an excellent service to our visually impaired members. Part of the Carmarthenshire Blind Society.

<http://www.llanelliblindsociety.org.uk/>

01554 784 958

info@llanelliblindsociety.org.uk

Macular Society

UK charity providing support and services for people with this condition.

<http://www.macularsociety.org/>

0300 3030 111

infop@macularsociety.org

Marfan Association UK

The association aims to support people with Marfan syndrome and their families, educate individuals and professionals about the condition, and facilitate research by undertaking, sponsoring, and participating in, national research projects.

<http://www.marfan-association.org.uk/>

01252 810472

contactus@marfan-association.org.uk

Merthyr Tydfil Institute for the Blind (MTIB)

MTIB aims to provide people with disabilities, or who are disadvantaged, the opportunity for sustained employment.

<http://www.mtib.co.uk/>

01685 370072

info@mtib.co.uk

Micro and Anophthalmic Children's Society (MACS)

MACS is the UK's national charity for children born without eyes or with underdeveloped eyes. We support families of children born with Microphthalmia (small eyes), Anophthalmia (no eyes) and/or Coloboma (cleft of the eye). Our services are accessed by around 800 families around the UK and further afield.

<http://www.macs.org.uk/>

0800 169 8088

enquiries@macs.org.uk

Money Advice Service

This is a free and impartial service, set up by the government to help people make the most of their money. They give money advice to everyone across the UK – online, on webchat, over the phone, in printed guides and face to face.

<https://www.moneyadviceservice.org.uk>

Monmouth VI Club

The Club's aim is to help those in our community with impaired vision to maintain a reasonable quality of life through companionship and by giving mental stimulus, practical help and encouraging much fun and

laughter. Telephone number is for the club secretary, Sheila Goodwin.
http://www.wcb-ccd.org.uk/societies/monmouth_vi_club.php
01600 716128

National Talking Magazines & Newspapers Association

Acts as a national newsagent to visually impaired people, providing national newspapers & magazines in an accessible format. Part of the RNIB Group.

<http://www.tnauk.org.uk>

01435 866 102

info@tnauk.org.uk

North Wales Society for the Blind

A charity supporting blind and partially sighted people in North Wales (Conwy, Denbighshire, Flintshire, Gwynedd, Isle of Anglesey, North Powys and Wrexham).

01248 353 604

NPC (New Philanthropy Capital)

NPC brings shared values and different skills to both charities and funders. By helping them use their resources more effectively, by inspiring through new thinking and by prioritising impact, they aim to transform the sector.

<http://www.thinknpc.org/>

Nystagmus Network

UK charity providing support and information to people with Nystagmus and to professionals. Also funds research. Membership needed for some services.

<http://www.nystagmusnet.org>

0845 634 2630

info@nystagmusnet.org

One Clear Vision

One Clear Vision is the leading English-speaking charity for sufferers of Degenerative Vitreous Syndrome in the world and we have an international remit. Its mission is to raise awareness and promote a better understanding of Degenerative Vitreous Syndrome through fundraising, providing information and support to sufferers and collaborating with eye specialists and researchers to help achieve clear sight for everyone affected.

<http://www.oneclearvision.org>

07092 981649

info@oneclearvision.org

Partially Sighted Society

The Partially Sighted Society provides information, advice, equipment and clear print material for people with a visual impairment to help them to make the best use of their remaining sight. It can call on the skills of ophthalmologists, optometrists, lighting and rehabilitation specialists.

<http://www.partsight.org.uk/>

0844 477 4966

info@partsight.org.uk

Pembrokeshire Blind Society

The Pembrokeshire Blind Society works in conjunction with Pembrokeshire County Council's physical and sensory disabilities team. This enables them to offer a wide variety of services and support.

<http://pembrokeshireblindsociety.org.uk/>

01437 781419

Penderels Trust

Penderels Trust offers advice, guidance and practical solutions to enable people with disabilities and older people to live independently in their own homes, to achieve their goals in life and to help them play an active part in their community.

<http://www.penderelstrust.org.uk>

024 7651 1611

enquiries@penderelstrust.org.uk

Radnorshire Association for the Blind

Membership of the society offers social outings, support and contact throughout the Radnorshire area. Becoming a member is a great way of getting access to support and advice, as well as making friends in the area. Our aims are to provide a social environment for visually impaired people & to provide a voice for all visually impaired people in Radnorshire.

<http://www.wcb-ccd.org.uk/societies/rab.php>

01544 267 114

medwards38@toucansurf.com

RNIB

UK charity providing a wide range of products and services for vi people.

<http://www.rnib.org.uk>

0303 123 9999

helpline@rnib.org.uk

RNIB Cymru

RNIB's organisation in Wales

<http://www.rnib.org.uk/aboutus/contactdetails/cymru/Pages/cymru.aspx>

Royal Blind Society

The RBS has, for nearly 150 years, given assistance to people who are blind or partially sighted and in charitable need. This is done by giving cash grants to provide essential support for those on low incomes, and by providing a range of holidays and leisure opportunities.

<http://www.royalblindsociety.org/>

01903 245379

gareth.holmes@royalblindsociety.org

Royal National College for the Blind (RNC)

RNC is the UK's leading specialist residential college of further education for people with a visual impairment. Their expertise has been built over 140 years, & they offer a variety of products & services to a diverse audience. With over 60 programmes of study available with a wide range of support in all areas, studying at RNC will ensure students can move onto their chosen career path. RNC Learners leave with confidence & independence, ready for the world of work.

<http://www.rncb.ac.uk/>

01432 265725

info@rncb.ac.uk

RP Fighting Blindness

UK charity providing support and information to people with retinitis pigmentosa and to professionals. Also funds research into the condition.

<http://www.rpfightingblindness.org.uk>

0845 123 2354

info@rpfightingblindness.org.uk

Seeability

SeeAbility supports adults who are visually impaired with multiple disabilities including learning, physical and mental health disabilities, acquired brain injuries and degenerative conditions, to explore their

potential. Although they do not provide services in Wales, they do provide useful information and on-line resources.

<http://www.seeability.org/>

01372 755 000

enquiries@seeability.org

Seeing Ear

A free online library for visually impaired readers. You can join the library now and start accessing books straight away. They are also beginning to offer a free transcription service to schools – if the book you need isn't in the library, send the book to Seeing Ear and they will add it.

<http://www.seeingear.org/>

librarian@seeingear.org

Sense Cymru

Charity providing services and support to deafblind people in Wales.

<http://www.sense.org.uk>

0845 127 0090

cymruenquiries@sense.org.uk

Sense UK

Sense is a national charity that supports & campaigns for children and adults who are deafblind. They offer high-quality, flexible services across the UK, using skilled staff and a dedicated network of volunteers. They work with a wide range of deafblind and multi-sensory impaired people, as well as those with a single-sensory impairment with additional needs. They offer specialist services built around the wishes of each person, enabling them to be as independent as possible.

<http://www.sense.org.uk/>

0845 127 0066

info@sense.org.uk

Sight Cymru

Provides services and support for people with sight loss in South and West Wales. Formerly Sight Support and previously known as Gwent Association for the Blind. In addition to listed services they run various events throughout the year such as coffee mornings, Annual Expo, i-Sight conference plus many more.

<http://www.sightcymru.org.uk>

01495 763650

postman@sightcymru.org.uk

SNAP Cymru

An all-Wales charity which raises awareness of issues related to SEN, Disability, and other barriers to inclusion including: exclusion from school and education, disengagement from education, employment or training, poverty, deprivation, English or Welsh as a second language.

<http://www.snapcymru.org/>

0845 120 3730

headoffice@snapcymru.org

Social Care Institute for Excellence

The Social Care Institute for Excellence (SCIE) improves the lives of people who use care services by sharing knowledge about what works. It is an independent charity working with adults, families and children's social care and social work services across the UK. They also work closely with related services such as health care and housing.

<http://www.scie.org.uk/>

Society of Visually Impaired Lawyers (SoVIL)

A group in which those with a visual impairment working in the legal profession can exchange ideas, share information, campaign on causes of mutual interest and provide an opportunity for support and networking between fellow professionals. SOVIL has members from all parts of the profession, including solicitors and barristers in private practice, those working in local and central government, academics and law students.

<http://www.sovil.org.uk/>

info@sovil.org.uk

Swansea & District Friends of the Blind

A group which provides assistance and amenities to blind persons registered in the City and District of Swansea.

01792 655 424

allan.john@btconnect.com

Talking News Federation (TNF)

TNF is an umbrella organisation that represents the interests of local Talking Newspapers in the UK. It provides services to local talking newspapers which are members, and also provides information to help

individuals to locate relevant local talking newspapers.

<http://www.tnf.org.uk/>

01793 497 555

enquiries@tnf.org.uk

The Dystonia Society

The Society was established to promote the welfare of people who are affected by any form of the neurological movement disorder known as dystonia. The Society aims to do this by promoting awareness of the disorder, by supporting research and by undertaking welfare initiatives. It does this on a national level and through its network of local support groups.

<http://www.dystonia.org.uk/>

0845 458 6211

via website

The Eyeless Trust

The Eyeless Trust offers a family support service, through appropriately qualified and experienced Family Support Workers, to families who have children with anophthalmia, microphthalmia or coloboma and related disabilities. The Trust's aim is to work in partnership with families, children and young people to enable them to maximise their full potential. Family Support Workers are located throughout Great Britain and Northern Ireland so that advice and assistance can be provided locally.

<http://www.eyeless.org.uk>

01903 245 379

via website

The Neuro Foundation

The mission for the charity is to “Enable people concerned about neurofibromatosis to find solutions appropriate to them”. The charity delivers its mission through five services to members, supporters and beneficiaries. It endeavours to inform, advise, advocate, connect and fund.

<http://www.nfauk.org/>

020 8439 1234

info@nfauk.org

The Rowan Organisation

The Rowan Organisation is a Direct Payment and Personal Budget support organisation. They provide a range of independent living support services, and are committed to the empowerment of disabled

people by supporting them to overcome the barriers, both physical and attitudinal, which prevent them from achieving their objectives, or which limit their choice and prevent them from being in control of their own lives.

<http://www.therowan.org>

0845 608 8048

info@therowan.org

The Shaw Trust

The Shaw Trust is a specialist in understanding the obstacles people face to work and independence - such as physical and mental health problems, learning difficulties, drug addiction, crime and social circumstances - as well as how to overcome them.

<http://www.mypersonalbudget.org.uk/self-directed-support/regions-wales-support/bridgend,-neath-port-tal>

01792 325 321/3

DirectPayments-Wales@shaw-trust.org.uk

Thomas Pocklington Trust

A provider of housing (outside Wales) and support for people with sight loss. Also produce regular research reports on sight-loss issues.

<http://www.pocklington-trust.org.uk/>

020 8995 0880

info@pocklington-trust.org.uk

Thrive

Thrive is the leading charity in the UK using gardening to change the lives of disabled people. Although mainly active in the South East of England, it does provide advice and literature.

<http://www.thrive.org.uk/>

0118 988 5688

info@thrive.org.uk

Torch Trust

Torch Trust is a Christian organisation with a worldwide vision for people with sight loss. They provide Christian resources and activities for blind and partially sighted people worldwide. Services are offered to all who experience sight loss, of all faiths or none, and including those with sight loss who have other disabilities.

<http://www.torchtrust.org/>

01858 438260

info@torchtrust.org

Turn2us

Turn2us helps people in financial need gain access to welfare benefits, charitable grants and other financial help – online, by phone and face to face through our partner organisations. We are part of Elizabeth Finn Care, a registered charity.

<http://www.turn2us.org.uk>

0808 802 2000

UCAN Productions

UCAN Productions is an award winning performance and creative arts co-operative for blind and partially sighted children, young people and their friends between the ages of 7 and 25. Based in Cardiff, UCAN (Unique Creative Arts Network) works across the UK and exists to prove that visual impairment is no barrier to success. Programmes help to develop physical and vocal confidence, raise aspirations and promote individual abilities.

<http://ucanproductions.org/>

029 2087 0554

info@ucanproductions.org

UCanDoIT

UCanDoIT teaches blind, deaf and disabled people how to use computers, with a particular focus on Internet and email skills.

Learners are taught in their own homes, on their own computers, as UCanDoIT believe that this is the best way to learn. All sessions are done on a one to one basis.

<http://www.ucandoit.org.uk/>

020 8673 3300

via website

UK Keratoconus Self Help & Support Association

A group which raises awareness of keratoconus, provides information and support to people with the condition and raises money for research.

<http://www.keratoconus-group.org.uk/>

020-8993 4759

chair@keratoconus-group.org.uk

UK Wolfram Syndrome Society

A website set up and monitored by people affected by this rare genetic disorder. The aim is to raise awareness of this syndrome and provide a site where families can talk and find information that may be useful.

<http://www.wolframsyndrome.co.uk/index.html>

families@wolframsyndrome.co.uk

Vale Centre for Voluntary Services (VCVS)

VCVS is the umbrella organisation for voluntary groups in the Vale of Glamorgan. Its aim is to achieve and inspire excellence in voluntary action in the Vale.

<http://www.vcvs.org.uk/>

01446 741706

info@valecvcs.org.uk

VICTA (Visually Impaired Children Taking Action)

VICTA provides support to blind and partially sighted children, young people and their families. This includes organising activities and events for children, and giving advice to parents, for example on education.

<http://www.victa.org.uk/>

01908 240831

admin@victa.org.uk

Vision Hotels

A group of hotels specifically tailored to the needs of guests with sight problems. Part of the AFBP/RNIB group.

<http://www.visionhotels.co.uk/>

01539 445801

enquiries@visionhotels.co.uk

Vision Support

Provides services and support to vi people in North Wales (and Cheshire).

<http://www.visionsupport.org.uk>

01244 381515

information@visionsupport.org.uk

Visual Impairment Breconshire

VI Breconshire offer information, social contact and grants to individuals and organizations in south Powys. We also represent the needs of the visually impaired to other local organizations, including statutory agencies and the voluntary sector.

<http://www.visualimpairment.breconshire.powys.org.uk/>

01874 622987

michaelknee@tiscali.co.uk

Visual Impairment Merthyr (VIM)

The society promotes and provides services and help for all visually impaired residents throughout the county borough of Merthyr Tydfil.

The purpose of the group is to learn how to live better despite sight loss, and to promote the welfare of other visually impaired people in our community.

<http://www.wcb-ccd.org.uk/societies/vim.php>

morgan_evans@sky.com

Visually Impaired Endeavours in Wrexham (VIEW)

Independent community groups which are self funded and run by local people. The telephone number given is for the View Secretary, Jennifer Rainsbury.

01978 358738

nigelandjennifer@nrainsbury.plus.com

Wales Council for Voluntary Action (WCVA)

Together with county voluntary councils (CVCs) and volunteer centres, WCVA provides the generalist support infrastructure for the third sector in Wales, working alongside national specialist umbrella and development agencies.

www.wcva.org.uk

Wales Council of the Blind

Wales Council of the Blind is the umbrella organisation for vision impairment in Wales.

<http://www.wcb-ccd.org.uk>

029 2047 3954

owen@wcb-ccd.org.uk

Welshpool and District Visual Impairment Club

Social and entertainment group for persons who are vision impaired and their carers.

0300 3030111

For more information about the Perspectif database, please email richard@wcb-ccd.org.uk or phone 02920 473954